

GENERAL INFORMATION



**Education Credits:**  
in support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy

Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Nurse:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 5.5 ANCC contact hours.

**Other Health Care Providers:** A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)

**Overarching Program Objectives:**

- Review education, research, and practice improvements for care across roles, settings and patient populations.
- Identify evidence-based implementation strategies to improve patient outcomes within the children’s and women’s health care setting.
- Discuss diagnosis, treatment, management, and emerging options for neonatal, pediatric, obstetrics, and women’s health populations.

**Acknowledgements:** We gratefully acknowledge the financial support provided. Determination of educational content for this activity and the selection of speakers are responsibilities of the course director. Firms providing support did not have input in these areas.

The UI Health Care Department of Nursing’s continuing education programs are developed under the supervision of Lou Ann Montgomery, PhD, MAN, RN, NPD-BC, FAAN.

Everyone in a position to control the content of this educational activity will disclose to the accredited provider all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All relevant financial relationships will be mitigated.

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-1238.

[Nondiscrimination Statement](#)



**CE** Nursing Continuing Education  
**Children’s and Women’s Services  
Nursing Conference**

**OCTOBER 2, 2025**  
THE HOTEL AT KIRKWOOD CENTER  
7725 KIRKWOOD BOULEVARD SW  
CEDAR RAPIDS, IA

**CE NURSING CONTINUING EDUCATION**

This annual conference is designed to explore patient care innovations for neonates, infants, children, adolescents, and women throughout their life span. Presentations on new evidence-based standards of nursing care as well as new technologies, procedures, and research illustrate the constantly evolving nature of nursing practice in a changing health care environment. Topics address both behavioral and clinical issues that are relevant to nurses and ancillary professionals in a variety of settings including acute care, ambulatory, and community-based practices.

**Children’s and Women’s  
Services Nursing Conference**

Thursday, October 2, 2025

THE HOTEL AT KIRKWOOD CENTER  
7725 KIRKWOOD BOULEVARD SW  
CEDAR RAPIDS, IA 52404

Sponsored by:  
University of Iowa Health Care, Department of Nursing  
Services and Patient Care



Changing Medicine. Changing Kids’ Lives.®

0700-0730	<b>Registration &amp; Exhibitors in the Atrium</b> <b>Welcome</b> - Main Ballroom <b>Loss Across the Lifespan</b> Moderator: Sheila B. Frascht, BSN, RN, CPLC, Nurse Clinician; Benjamin Reinking, MD, Clinical Professor; Amy Thurm, MSN, FNP, RN, ARNP, UnityPoint Health
0730-0735	
0735-0835	
0835-0840	<b>Transition break</b>
0840-0955	<b>Breakout Session One</b>
Neonatal	<b>Congenital Diaphragmatic Hernia: Stabilization and Hemodynamic Management</b> Jack Wren, MD, PhD, Clinical Assistant Professor
Pediatrics	<b>Challenges Facing our Teens</b> Ian H. Law, MD, Clinical Professor; Kelly Poch, BSN, RN, MBA, CCRN, Nursing Practice Leader; Autumn Carstens, MEd, CTTS, Tobacco Treatment Specialist
Obstetrics	<b>Pre-eclampsia: A Long Term Mind Heart Problem</b> Mark Santillan, MD, PhD, Professor
Gynecology	<b>Uterine Cancer Update</b> Michael Goodheart, MD, Clinical Professor <b>Vaginal Pessaries: Nonsurgical Treatment of Pelvic Organ Prolapse and Stress Urinary Incontinence</b> Stephanie Atkinson, MSN, RN, ARNP, WHNP-BC, Nurse Practitioner
0955-1015	<b>Break &amp; Exhibitors in the Atrium</b>
1015-1115	<b>Breakout Session Two</b>
Neonatal & Obstetrics	<b>Perinatal Mental Health</b> Stacey A. Pawlak, PhD, Clinical Associate Professor
Pediatrics	<b>Childhood Cancer</b> David Dickens, MD, Clinical Professor

1015-1115	<b>Breakout Session Two Continued</b>	
Gynecology	<b>Wound Ostomy</b> Melissa Barnes-Channon, MSN, RN, CWON, Nurse Clinician	
1115-1215	<b>Lunch &amp; Exhibitors in the Atrium</b>	
1215-1255	<b>Breakout Session Three</b>	
Neonatal	<b>NICU Case Studies</b> Lisa Koonce, DNP, RN, ARNP, NNP-BC, Nurse Practitioner; Cassandra Palasiewicz, DNP, RN, ARNP, NNP-BC, Nurse Practitioner	
Pediatrics	<b>Transplant Survivorship Panel</b> Amanda Yeast, BSN, RN, CCTC, Heart Transplant Coordinator; Jennifer Baker, BSN, RN, Transplant Coordinator; Hailey Steimel, Transplant Survivor; Brigitte Steimel, Mother of CHD and Transplant Survivor	
Obstetrics	<b>Anaphylaxis Pregnancy</b> Kokila Thenuwara, MD, MME, MHCDS, Clinical Professor	
Gynecology	<b>Sexual Assault Nurse Examiner</b> Tiara Soupene, BSN, RN, Staff Nurse	
1300-1340	<b>Breakout Session Four</b>	
Neonatal	<b>Cytomegalovirus (CMV), Herpes Simplex Virus (HSV), &amp; Syphilis: Congenital and Neonatal Infections</b> Sarah Auerbach, DO, Clinical Assistant Professor	
Pediatrics	<b>Advances in Gene Therapy for Cystic Fibrosis</b> Ashley Cooney, PhD, Research Assistant Professor	
Obstetrics	<b>Diabetes in Pregnancy</b> Megan Pickhinke, BSN, RN, Nurse Clinician	

Schedule and speakers are subject to change. Faculty are staff of UI Health Care and/or University of Iowa Colleges unless otherwise indicated. Contact nursingcontinuinged@uiowa.edu or call 319-356-1238 if you have questions.

1300-1340	<b>Breakout Session Four Continued</b>	
Gynecology	<b>Leveraging Language in Health Care</b> Allison Kilfoy, Ovarian and Endometrial Cancer Survivor	
1340-1400	<b>Break &amp; Exhibitors in the Atrium</b>	
1400-1500	<b>Putting it into Practice with Innovated and Engaging Learning</b> Jeana Forman, MSN, RN, RNC-OB, EFM, ONQS, CHSE, Nursing Practice Leader; Heather Eastman, MSN, RN, BC-PEDS, Nursing Practice Leader; Mandy Karstens, MSN, RN, RNC-NIC, TIP, Nursing Practice Leader; Jacinda Bunch, PhD, RN, SANE-A, NREMT, Clinical Assistant Professor	
1500	<b>Closing &amp; Adjourn</b>	

**Registration Information:**

- Preregistration is required by 9/21/2025
- Online registration and credit card payments only

**Registration Link:** <https://uiowa.cloud-cme.com/course/courseoverview?P=0&EID=74291>

*You will need to set up an account if you are a first time user, or 'sign in' if you already have a CloudCME account.*

**Registration Fee:**

- **Non-UI Health Care Attendees:** \$90 (Add \$15 after 9/7/2025)
- **UI Health Care Employees & Nursing Students:** \$50

Registration closes on September 21, 2025.

**Refund policy:** Full (minus \$10 cancellation fee) if notification received on or before 9/21/2025.

**Room Reservations:**

The conference will be held at The Hotel at Kirkwood Center, 7725 Kirkwood Blvd SW, Cedar Rapids, IA 52404. Call Hotel Kirkwood directly at 319-848-8700 to reserve a room.



**INFO & UPCOMING CE OFFERINGS**

Visit our website for program information and brochures.

**uihc.org/nursing-continuing-education-schedule**

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at **319-356-1238** or e-mail **nursingcontinuinged@uiowa.edu**.